

# PRAYERS FOR PARENTS

## PRAYER OF BLESSING

*Composed by Stephen Lawrence*

Heavenly Father,  
thank you that my child is participating  
with these other children in their team.

Thank you for their friendships  
and the opportunity to delight in physical movement,  
for the joy of competition,  
and the grace to develop their abilities and character.

Bless and protect them as they compete,  
and may they strive to focus on  
the ultimate victory of eternal happiness in you,  
the prize won by Jesus on the cross  
and through His Resurrection.  
Amen.

*Stephen played for Hawthorn in the Australian Football League (AFL)  
from 1988 to 1998. He is a husband and father of six children.*

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## PRAYER FOR RESILIENCE

*Composed by Jenny Brinkworth*

Loving God of wisdom and compassion,  
thank you for giving our children the skill and talent  
to perform at a high level  
and the opportunity to bring joy to others  
through their actions on and off the sports arena.

Give them the strength and resilience  
to keep working hard to achieve their goals,  
to deal with disappointment  
and to overcome any hurdles they might encounter along the way.  
Help us to be parents who are supportive and encouraging  
but without any pressure.  
I ask this through Christ our Lord.  
Amen.

*Jenny is the mother of footballers Max and Douglas and  
Super Netball player Maddy Proud (New South Wales Swifts).*