

PRAYERS AFTER A MATCH

PRAYER IN DEFEAT

Composed by Stephen Lawrence

Thank you, Lord, for the opportunity to participate in this match.
May we learn from the loss and become better next time.
May we keep our eyes on you
and always remember that,
sweet as victory is, service of others
and abiding in you are far more important.
Amen.

*Stephen played for Hawthorn in the Australian Football League (AFL)
from 1988 to 1998. He is a husband and father of six children.*

*“Every Christian is called to become a strong athlete of Christ,
that is, a faithful and courageous witness to his Gospel. But
to succeed in this, he must persevere in prayer, be trained in
virtue and follow the divine Master in everything.”*

POPE JOHN PAUL II, HOMILY,
JUBILEE OF SPORTS PEOPLE, 29 OCTOBER 2000

PRAYER OF GRATITUDE

Composed by Marci Oringo-Vos

Lord of all, we offer to you our match this day.
Let us remember that we are your beloved sons and daughters,
no matter whether we win or fail.
Our identity is in you and you have already won
the ultimate battle against sin and death.
Thank you for giving us strong bodies, hearts and minds
and for our being able to compete today.
You have said that with you all things are possible;
give us the grace to believe this wholeheartedly.
Encourage us in defeat, may we be humble in victory,
and give us the strength to be able to face each day with you.
May we always remember that you are Lord of all
and to place everything we do before you.
Amen.

Marci is a Catholic school teacher and a coach of various sports.

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