



World Day
for Grandparents
and the Elderly
2026



Liturgical resource

- Dedicate a mass. Ensure one of the Masses on Sunday, July 26, is dedicated to celebrating the *Day* with the grandparents and elderly members of your parish or community.
- Arrange transport. Involve community members in organising transportation to help elderly parishioners who cannot travel independently to attend Holy Mass.
- Involve the youth. Have the young people of the parish or community personally present the Holy Father's message to grandparents and the elderly during the celebration.
- Visit care facilities. Organise liturgical celebrations for *the Day* within hospitals and care homes on July 26, or the surrounding days, involving parish members to lead the Masses appropriately.
- Support poor elders. Consider dedicating the collection taken during the *Day's* Masses to support local projects for elderly people in need within your community.
- Provide Sacraments. Encourage all elderly community members to participate in the Sacraments, ensuring they have ample opportunity to receive the Sacrament of Reconciliation.



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Suggestions for the Prayers of the Faithful

- For Pope Leo: That the Lord may bless and protect his ministry, and that the Church may always be a welcoming home where every elderly person can hear the reassuring words: “I will never forget you”. Let us pray.
- For all us elderly people: That we may not fear our frailty, but instead embrace it as a true vocation to prayer and reconciliation, bearing joyful witness to the Lord’s faithful love. Let us pray.
- For young people: That, by reaching out to those who live in solitude or the isolation of care homes, they may become tangible signs of God’s tenderness, which watches over and nourishes us like a mother. Let us pray.
- For all us grandparents: That we may serve as a source of wisdom for our families, passing on to new generations the treasure of a faith that rests securely in God’s everlasting love. Let us pray.
- For an end to all wars: That the Lord may hear our earnest plea, bringing consolation to those who suffer and granting true, lasting peace for the future of the whole world. Let us pray.



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Final blessing

Blessing of Long Life

God of mercy,
who has granted these your children the gift of a long life,
pour out your blessing upon them.
Let them feel the sweetness and strength of your presence.
As they look back on the past,
may they rejoice in your mercy;
and, as they look to the future,
may they persevere in the hope that never dies.
To you be praise and glory for ever and ever.
Amen.